



# Amateur Single Dances

Deadline: September 15th, 2023

Leader: \_\_\_\_\_ NDCA#: \_\_\_\_\_

Follower: \_\_\_\_\_ NDCA#: \_\_\_\_\_

Studio: \_\_\_\_\_ Email: \_\_\_\_\_ Phone: \_\_\_\_\_

### LEVELS:

Newcomer / Bronze / Silver / Open

### AGES:

**TB** - Teddy Bear (up to 7) **PT** - Pre teen (8-12) **Y** - Youth (13 - 17) **A** (18-35) **B** (36 - 64) **Senior** (65+)

### NOTE:

*You can dance max of 2 consecutive dance levels and 2 age categories*

*TB, PT, Junior and Youth can dance an age category above, B and Senior can dance an age category below*

| Level | Age | American Rhythm | International Latin | American Smooth | International Standrad |
|-------|-----|-----------------|---------------------|-----------------|------------------------|
|       |     | C R ECS B M     | C S R PD J          | W T F VW        | W T VW F Q             |
|       |     | C R ECS B M     | C S R PD J          | W T F VW        | W T VW F Q             |
|       |     | C R ECS B M     | C S R PD J          | W T F VW        | W T VW F Q             |
|       |     | C R ECS B M     | C S R PD J          | W T F VW        | W T VW F Q             |

| Level | Age | Night Club Dances |   |   |    |   |   |      |     |
|-------|-----|-------------------|---|---|----|---|---|------|-----|
|       |     | S                 | B | M | AT | P | H | NC2S | WCS |
|       |     | S                 | B | M | AT | P | H | NC2S | WCS |
|       |     | S                 | B | M | AT | P | H | NC2S | WCS |
|       |     | S                 | B | M | AT | P | H | NC2S | WCS |

**S** - Salsa / **B** - Bachata / **M** - Merengue / **AT** - Argentine Tango / **P** - Peabody / **H** - Hustle / **NC2S** - Night Club Two Step / **WCS**