



Pro/Am and Mixed Am Single Dances

Deadline: September 15th, 2022

Leader: _____ (Pro Amateur) NDCA#: _____

Follower: _____ (Pro Amateur) NDCA#: _____

Studio: _____ Email: _____ Phone: _____

LEVELS:

NC - Newcomer Bronze / **PB** - Pre Bronze / **IB** - Intermediate Bronze / **FB** - Full Bronze
BS - Beginner Silver / **IS** - Intermediate Silver / **FS** - Full Silver / **OS** - Open Silver
BG - Beginner Gold / **IG** - Intermediate Gold / **FG** - Full Gold
OG - Open Gold / **OG I** - Open Gold Advanced I / **OG II** - Open Gold Advanced II

AGES:

TB - Teddy Bear (up to 7) **PT 1** - Pre teen (8-9) **PT 2** - Pre teen (10-11) **J I** - Junior (12-13) **J II** - Junior II (14-15)
Y - Youth (16 - 18) **A1** (18-35) **A2** (36-50) **B1** (51-60) **B2** (61 -70) **C1** (71-80) **C2** (81+)

NOTES:

You can dance max of 4 consecutive dance levels and 2 age categories

Teddy Bear, Pre-teen and Youth can dance an age category above A2, B1, B2, C1 and C2 can dance an age category below

Level	Age	Proficiency	American Rhythm	International Latin	American Smooth	International Standard
			_C _R _ECS _B _M	_C _S _R _PD _J	_W _T _F _VW	_W _T _VW _F _Q
			_C _R _ECS _B _M	_C _S _R _PD _J	_W _T _F _VW	_W _T _VW _F _Q
			_C _R _ECS _B _M	_C _S _R _PD _J	_W _T _F _VW	_W _T _VW _F _Q
			_C _R _ECS _B _M	_C _S _R _PD _J	_W _T _F _VW	_W _T _VW _F _Q
			_C _R _ECS _B _M	_C _S _R _PD _J	_W _T _F _VW	_W _T _VW _F _Q
			_C _R _ECS _B _M	_C _S _R _PD _J	_W _T _F _VW	_W _T _VW _F _Q